The Effects of Creatine Monohydrate Supplementation on Creatine Teransporter Activity and Creatine Metabolism in Resistance Trained Males

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A Thesis

Approved by the Department of Health, Human Performance, & Recreation

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Submitted to the Graduate Faculty of Baylor University in Partial Fulfillment of the Requirements for the Degree of

Masters of Science in Education

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August 2008

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